

THIRD ANNUAL
**Arnold Amateur Strongman
World Championships**

FRI, MARCH 2 and SUN, MARCH 4, 2012

(North American Strongman Inc. membership required of all Contestants)

Host: American Strongman Corporation

Meet Director: Dione Wessels

Meet Venue: Greater Columbus Convention Center, Hall C: **Preliminaries** – Fri, March 2, 8:00 am - 1:30 pm;
Hall D, EXPO stage: **FINALS** – Sun, March 4, 1:30 pm - 4:00 pm (top ten finalists)

Divisions: Open Class only

U.S. Qualifiers: Twenty-one U.S. athletes will qualify for the Arnold Amateur Strongman World Championships (AASWC). Qualifying contests are as follows:

North American Strongman National Championships (NAS):

November 4th and 5th in Tunica, MS

America's Strongest Man® 105KG Nationals:

November 4th and 5th in Tunica, MS

There are three different levels of qualifying NAS contests for the NAS nationals: Silver, Gold, and Platinum. Visit www.nastrongman.com for a list of qualifying contests, levels, rules and regulations.

International Qualifiers: Thirty-nine International athletes will qualify for the Arnold Amateur Strongman World Championships (AASWC). International contests scheduled thus far are as follows:

UK qualifying events: July, August, September, and October 2011 – please contact Rob Davies - UKSA.strongman@gmail.com

Australian Qualifiers: January 1st and 2nd, 2012 – please contact Bill Lyndon - williamlyndon@hotmail.com

Polish Open Championships: July-August 2011 – please contact - strongman@strongman.pl

European Arnold Amateur Strongman Qualifier: October 15, 2011 – (1st place finisher gets flight paid for to the Arnold from home country) for more details, please contact Adam Darázs - darazsadam@freemail.hu

Events: Events to be determined.

Awards: 1st-3rd Place will receive trophies. 1st Place finisher will be awarded an invitation to the 2013 Arnold Strongman Classic.

Entry Fee: \$100.00 *All athletes must have prequalified for this event and must have approval signature from your country's federation representative (see website below).*

For details on qualifying for this event, please contact Dione Wessels at 314-565-5970 or dione@americanstrongman.com

Deadline: December 15, 2011

Information / Updates / Visit www.americanstrongman.com or www.nastrongman.com

Entry Forms: Dione Wessels: dione@americanstrongman.com or 314-565-5970
Mike Johnston: mike@americanstrongman.com or 803-414-7492

Hotel Recommendations: Visit www.arnoldsportsfestival.com click on Hotels.

Join us March 1-4 for the Arnold Sports Festival Lineup of Events!

24th Arnold Classic ■ Arnold Sports Film Festival ■ Active Living Festival ■ Amateur Fitness, Figure & Bikini ■ Amateur Men's & Women's Bodybuilding
Amateur MMA ■ Amateur Strongman ■ Archery ■ Armwrestling ■ Art At The Arnold ■ Ask Arnold Training Seminar ■ Bench Press ■ Bikini International
Boxing ■ Cheerleading & Dance ■ CrossFit ■ DanceSport-Youth/Senior ■ EXPO (March 2-4) ■ Fencing ■ Figure International ■ Fitness International
Grappling/Jiu Jitsu ■ Gymnastics ■ Hockey ■ Judo ■ Karate ■ Martial Arts Festival ■ Ms. International ■ Party With The Pros ■ Powerlifting
Pump & Run (5K Run/Walk) ■ Strength & Fitness Trainers Summit ■ Strongman Classic ■ Table Tennis ■ Tae Kwon Do ■ Teen Challenge
Track & Field ■ Weightlifting ■ Wrestling