

*Central Ohio*  
***Chair Volleyball Competition***

*at the*

**6<sup>th</sup> Annual**

**Arnold Active Living Festival**

*March 2, 2012*

*9am-3pm*

*Hyatt Regency Hotel Columbus*



**Compete for equipment prizes!**

- **Chair volleyball nets**
- **Chair volleyballs**

**A-to-Z Entertainment: 16 events from art to zumba**

Mail Registration Deadline is Feb. 23, 2012.

# Arnold Active Living Festival

## Tickets, Registration, Entry Fees, and Rules

Admission to the Arnold Active Living Festival is through a daily EXPO ticket. There are four options.

- Ticketmaster: [www.ticketmaster.com/arnold](http://www.ticketmaster.com/arnold), or call 800-745-3000. (\$10 plus fee.); **or**,
- At the door: (\$15.); **or**,
- Group Discount Advance Ticket Sales (Buy 7 tickets, get 10.); **or**,
- Register to take part in a Chair Volleyball Team or a Line Dance Showcase Team: (\$5.)
- A-to-Z entertainment, 16 nearby events available Friday for attendees, includes: amateur strongman; armwrestling; artist competition; chair volleyball; the 700-booth EXPO; fencing; gymnastics; line dance; pilates; powerlifting; table tennis; weightlifting; women's bodybuilding, figure and fitness; and zumba.

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### Registration for Chair Volleyball Team or Line Dance Showcase:

1. Registration Fee: \$5 per person
2. Maximum Team Members:
  - a. 12 persons on a Chair Volleyball Team.
  - b. 24 persons on a Line Dance Showcase Team
3. A team captain must submit in one packet:
  - a. Team Roster, completely filled out, listing all members;
  - b. Signed Liability Waiver for all team members;
  - c. Full payment of registration fees for all team members.

Chair Volleyball Competition Rules	Line Dance Showcase Guidelines
<ol style="list-style-type: none"><li>1. 6 players per team.</li><li>2. Must remain seated. One cheek rule.</li><li>3. Serve begins from right rear chair. Serve rotates; players don't.</li><li>4. Serve must clear net without touching it.<ol style="list-style-type: none"><li>a. 1 net serves = do over.</li><li>b. 2 net serves = lose serve &amp; point.</li></ol></li><li>5. 3 hits per side limit. No player may hit ball twice consecutively.</li><li>6. Point scored if ball 1) touches floor, 2) goes out of bounds, 3) is hit twice consecutively by same player, or 4) is not returned in 3 hits or less.</li><li>7. Game to 11 or 15. Win by 2 or more.<ol style="list-style-type: none"><li>a. Regular Scoring: Score only while serving.</li><li>b. Rally Scoring: One point every serve. (Instituted by referees if time requires it.)</li></ol></li><li>8. Each team must provide 1 referee and 1 scorekeeper to officiate other games.</li></ol>	<ol style="list-style-type: none"><li>1. Line dance showcase routines will begin at 930am.</li><li>2. The schedule will be determined after the registration deadline.</li><li>3. Schedule will be emailed to team captains, using the email address provided on the team roster.</li><li>4. Teams must provide their own music on a CD.</li><li>5. The total length of the team showcase will be a maximum of 12 minutes. Captains are responsible to assure their provided music does not exceed 12 minutes.</li><li>6. If time is available on the dance floor, after all scheduled showcase dances, teams may request additional time.</li></ol>

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**Group Discount Advance Ticket Sales:** (Buy 7 at \$10, get 10 tickets. Or \$7 each for 10 tickets or more.)

Name: \_\_\_\_\_ Group Name: \_\_\_\_\_

Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Number of Tickets Ordered \_\_\_\_\_ Amount Enclosed with order: \_\_\_\_\_

Mail or deliver orders to Active Living Festival, 1331 S. High St., Columbus, OH 43207.

Tickets will be held at Active Living Festival Will Call, Hyatt Regency Hotel Ballroom Foyer, 350 North High Street, Columbus, OH 43215.

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For further information, please contact: Mike Lorz or Dan Lorz, Active Living Festival  
614 443-1830, or email to [mlorz@rrcol.com](mailto:mlorz@rrcol.com).



## Liability Waiver

I, the undersigned, intending to be legally bound, do hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages of any kind or nature, which I may hereafter acquire against the Arnold Sports Festival, the Arnold Active Living Festival, Central Ohio Senior Olympics, Chair Volleyball Competition, Line Dance Showcase, 50+ Dancesport Challenge, Lorz Communications, Inc. and their representatives, sponsors, staff, volunteers, venue providers and assigns, for all claims of damage, demands and actions whatsoever, in any manner, as a result of my participation in the Arnold Sports Festival, the Arnold Active Living Festival, Central Ohio Senior Olympics, Chair Volleyball Competition, Line Dance Showcase, and the 50+ Dancesport Challenge. I, or any representative of my estate, shall also indemnify and hold harmless those hereby released against and from any claims which arise out of or are connected with my participation. They have my permission to have a physician attend to me if it is deemed necessary during my participation in the events. I also attest and verify that I am physically fit and have trained sufficiently for participation in the events I have chosen to enter.

Furthermore, I hereby give and grant the Arnold Sports Festival, the Arnold Active Living Festival, Central Ohio Senior Olympics, Chair Volleyball Competition, Line Dance Showcase, 50+ Dancesport Challenge, Lorz Communications, Inc. their successors and those acting under their permission, and upon their authority, my consent for all purposes for the reproduction and / or use of photographs of me by a photographer or videographer and in all forms of media, and in all manners, including editorials, advertising, trade, display, art and exhibition. In giving this consent, I release the photographer and videographer and their nominees and designees, from liability for any violation of any personal or proprietary right I may have in connection with such sale, reproduction or use of my photographic likeness.

\_\_\_\_\_  
PRINT NAME

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

***Mail Deadline for team registration or ticket orders: Feb. 23, 2012***

*You must submit team registration and signed liability waivers, or Group Discount Advance Ticket Orders by Feb. 23, 2012..*

*Make check payable to Lorz Communications. Mail rosters, order forms, payment, and signed liability waivers to:*

*Arnold Active Living Festival  
c/o Lorz Communications  
1331 South High Street  
Columbus, OH 43207*

*For further information,  
please contact Mike Lorz at  
614 443-1877,  
or email at [mlorz@rrcol.com](mailto:mlorz@rrcol.com).*

**NOTE:** A separate waiver form **MUST** be signed by each team member.  
Make additional copies of Liability Waiver or Team Rosters, as needed.