

CKA FULL CONTACT KALI

Divisions

by Level of Experience

competitors will further be paired by weight



COMPETITORS	CLASS 4 ELITE	MINIMUM AGE OF 18 OR PARENT AND INSTRUCTOR CONSENT NO MAXIMUM AGE ABOVE AVERAGE TRAINING AND/OR COMPETITIVE EXPERIENCE IN COMBAT SPORTS (INCLUDES FULL CONTACT KALI, MMA, KICKBOXING, BOXING, GRAPPLING) EXECUTIVE DIRECTOR APPROVAL
	CLASS 3 MASTER	AT LEAST 35 YEARS OF AGE ADVANCED RANKING AND/OR ABOVE AVERAGE EXPERIENCE IN MARTIAL ARTS OR COMBATIVE SPORTS ABOVE AVERAGE TRAINING AND/OR EXPERIENCE IN COMBAT SPORTS (INCLUDES FULL CONTACT KALI, MMA, KICKBOXING, BOXING, GRAPPLING)
	CLASS 2 INTERMEDIATE TO ADVANCED	MINIMUM AGE OF 18 OR PARENT AND INSTRUCTOR CONSENT MODERATE EXPERIENCE IN MARTIAL ARTS OR COMBATIVE SPORTS MODERATE TRAINING AND/OR COMPETITIVE EXPERIENCE IN COMBAT SPORTS (INCLUDES FULL CONTACT KALI, MMA, KICKBOXING, BOXING, WRESTLING AND GRAPPLING)
	CLASS 1 BEGINNER TO INTERMEDIATE	MINIMUM AGE OF 18 OR PARENT AND INSTRUCTOR CONSENT MINIMAL EXPERIENCE IN MARTIAL ARTS OR COMBATIVE SPORTS MINIMAL TRAINING AND/OR COMPETITIVE EXPERIENCE IN COMBAT SPORTS (INCLUDES FULL CONTACT KALI, MMA, KICKBOXING, BOXING, WRESTLING AND GRAPPLING)

For more information contact:
unong Guro Elmann Cabotage QI IB, WEBAF
Phone: 614-800-5165
www.columbuskickboxingamis.org