



Open Style Tae Kwon Do

Ages 5 – 17 Junior Divisions

Divisions: Beginner, Intermediate, Advanced

Male

5

Light 45.0 & Under
Over 45.0

6-7

Light Under 45.0
Middle 45.0 - 55.9
Heavy Over 55.9

8-9

Light Under 60.0
Middle 60.0 - 70.9
Heavy Over 70.9

10-11

Light Under 80.0
Middle 80.0 - 90.9
Heavy Over 90.9

12-13

Light Under 105.0
Middle 105.0 - 120.9
Heavy Over 120.9

14-15

Light Under 115.0
Middle 115.0 - 145.9
Heavy Over 145.9

16-17

Light Under 135.0
Middle 135.0 - 165.9
Heavy Over 165.9

Female

5

Light 45.0 & Under
Over 45.0

6-7

Light Under 45.0
Middle 45.0 - 55.9
Heavy Over 55.9

8-9

Light Under 60.0
Middle 60.0 - 70.9
Heavy Over 70.9

10-11

Light Under 75.0
Middle 75.0 - 85.9
Heavy Over 85.9

12-13

Light Under 100.0
Middle 100.0 - 115.9
Heavy Over 115.9

14-15

Light Under 110.0
Middle 110.0 - 140.9
Heavy Over 140.9

16-17

Light Under 115.0
Middle 115.0 - 145.9
Heavy Over 145.9

All Senior, Executive and Ultra Divisions

Division Ages Division Ages

Divisions: Beginner, Intermediate, Advanced

Male

Senior 18 to 32
Executive 33 to 42
Ultra 43 and up

Female

Senior 18 to 32
Executive 33 to 42
Ultra 43 and up

Weight Groups

Male

Light Under 125.0
Welter 125.0 - 155.9
Middle 156.0 - 185.9
Heavy Over 185.9

Female

Light Under 110.0
Welter 110.0 - 125.9
Middle 126.0 - 155.9
Heavy Over 155.9

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