

SECOND ANNUAL
Arnold Track & Field Championships
MARCH 3, 2012

French Field House, The Ohio State University ■ Columbus, Ohio USA

What: OATCCC Indoor High School State Qualifier

Date: Saturday, March 3, 2012

Location: French Field House, The Ohio State University

Entry: Entries will be through **www.finishtiming.com**

Entry fee must be paid the day of the event.

There will be no walk-up or late registration

Entry fees will be calculated based on the final day of entries. Saturday is limited to the first 70 entries for weight and shot; 88 entries for 60m, 60mh; 72 entries for all other running events – max 4 events per athlete 3 entrants per event / per school. B relays are permitted.

Entry Fees: \$15 per event/per athlete
\$30 per relay
\$150 per girl's team and \$150 per boy's teams (10+ constitutes a team)

Deadline: Wednesday – February 29th at 5 pm

Time Schedules: **9:00 am** Pole Vault (Girls then Boys)
Weight Throw (Girls then Boys)

9:30 am High Jump (Boys then Girls)
Long Jump (Boys AND Girls) Two pits
Shot Put (Boys then Girls)
Triple Jump - follows finals of Long Jump

Running events will be on a rolling time schedule

10:00 am (Girls run first in all track events)
4 x 200m final
60m hurdles prelim (fastest 16 times to 2 section final)
60m dash prelim (fastest 16 times to 2 section final)
4 x 800m final (2 sections if needed)
60m hurdles final
60m dash final
Mile run final
400m dash final
800m run final
200m dash final
3200m run final
4 x 400m final

Scholarship: Columbus Rotary will join with the Arnold Sports Festival in presenting a \$2,000 College Scholarship to the top youth performer.

Chair: Lori Baldwin 740-704-1358 or srbaldwin@roadrunner.com
Contact for Registration and Entry Information

Spectator Admission: Adults - \$10.00 (plus service charge) per day in advance; \$15.00 per day at the door; 10 yrs. & under FREE if accompanied by an adult. Includes access to the Arnold Fitness EXPO. NO STROLLERS ALLOWED. For tickets call Ticketmaster, 800-745-3000 or www.ticketmaster.com/arnold.

Join us March 1-4 for the Arnold Sports Festival Lineup of Events!

24th Arnold Classic ■ Arnold Sports Film Festival ■ Active Living Festival ■ Amateur Fitness, Figure & Bikini ■ Amateur Men's & Women's Bodybuilding
Amateur MMA ■ Amateur Strongman ■ Archery ■ Armwrestling ■ Art At The Arnold ■ Ask Arnold Training Seminar ■ Bench Press ■ Bikini International
Boxing ■ Cheerleading & Dance ■ CrossFit ■ DanceSport–Youth/Senior ■ EXPO (March 2-4) ■ Fencing ■ Figure International ■ Fitness International
Grappling/Jiu Jitsu ■ Gymnastics ■ Hockey ■ Judo ■ Karate ■ Martial Arts Festival ■ Ms. International ■ Party With The Pros ■ Powerlifting
Pump & Run (5K Run/Walk) ■ Strength & Fitness Trainers Summit ■ Strongman Classic ■ Table Tennis ■ Tae Kwon Do ■ Teen Challenge
Track & Field ■ Weightlifting ■ Wrestling